

**RUTGERS, THE STATE UNIVERSITY OF NEW JERSEY,
THE GRADUATE SCHOOL OF APPLIED AND PROFESSIONAL PSYCHOLOGY,
AND THE TOURETTE SYNDROME ASSOCIATION OF NEW JERSEY**

are pleased to offer

An Overview of Habit Reversal for Tourette Syndrome

with Dr. Doug Woods

**Wednesday, September 26, 2007, 5-7 pm
On the campus of Rutgers University**

There is no charge. A complimentary buffet dinner will be provided. Registration required, seating limited—see RSVP info below.

Habit Reversal is a non-pharmacological approach to treating both motor and vocal tics.

It is one of the more promising non-drug treatments which involves helping an individual with TS become more aware of when a tic is about to occur and then training that person to replace the tic with a less bothersome physical response. Studies have shown that this type of behavior therapy can reduce tic severity by up to 30 percent and has been shown to be equally effective as some of the most successful medications currently used to treat tics.

Dr. Doug Woods received his Ph.D. in Clinical Psychology from Western Michigan University. Dr. Woods is currently on the faculty of the Clinical Psychology Ph.D. program at the University of Wisconsin-Milwaukee, where he is an Associate Professor and Director of Clinical Training. Dr. Woods, a founding member of the Tourette Syndrome Association's (TSA) Behavioral Sciences Consortium is a member of TSA's Medical Advisory Board and serves on the Scientific Advisory Board of the Trichotillomania Learning Center. He has been funded by the TSA Grants program, Trichotillomania Learning Center Grants program, and is currently funded by the NIH as part of two separate multisite research projects investigating the efficacy of behavior therapy for children and adults with Tourette Syndrome. Dr. Woods has authored or co-authored 90 papers or chapters and two books on TS and related disorders. Dr. Woods has also presented his work nationally and internationally with over 140 conference presentations and numerous invited talks. In addition to his active research program, Dr. Woods operates a clinic for children with tics and trichotillomania in the Milwaukee area. In the last 5 years, Dr. Woods has seen over 150 youth and families with these debilitating disorders.

**To reserve a space, please call Judi at 732-445-7795 ext 10
or e-mail to jabkuldi@rci.rutgers.edu by September 10, 2007**

Another continuing education presentation from:



**New Jersey Center for Tourette Syndrome
and Associated Disorders, Inc.**

50 Division Street Suite 205 Somerville NJ 08876 908 575 7350 www.njcts.org

A multi-disciplinary, cross-institutional organization, working with the Tourette Syndrome Association of New Jersey, Inc., a non-profit 501(c)3 corporation serving the needs of individuals with TS and their families. 908 575 7350

Program Details and Information

Date: Wednesday, September 26, 2007, 5 to 7 pm (Check-in 4:30 to 5 pm)

Location: Rutgers Cook Campus Center, 59 Biel Road, New Brunswick, NJ
For directions please see website: <http://maps.rutgers.edu/building.aspx?id=92>

Registration: To register and for further information, please call Ms. Judith Brennan Kuldinow at (732) 445-7795, or email jabkuldi@rci.rutgers.edu

Continuing Education Policy: APA: The Graduate School of Applied and Professional Psychology is approved by the American Psychological Association to sponsor continuing education for psychologists. The Graduate School of Applied and Professional Psychology maintains responsibility for this program and its content. The Center for Applied Psychology at Rutgers, the State University of New Jersey, is registered as a **NJDOE Professional Development Provider. Registration #36.**

Credits: 2 CE Credits for Psychologists; 2 NJ Social Work Credits; 2 Continuing Education Hours for Teacher Certification