



# tourette syndrome association of new jersey, inc.

Winter 1999/2000

Vol. 2, No. 2

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The Tourette Syndrome Association of New Jersey is a nonprofit organization whose membership includes individuals with Tourette Syndrome, their families, friends, and interested professionals. All of our funding comes from contributions and all of our workers are volunteers.

## MISSION STATEMENT

The mission of our organization is to support the needs of families with TS, to advocate for individuals with TS, and to educate the public and professionals on TS. Our Association was reorganized in 1994 to better meet these objectives.

WEBSITE:

<http://www.tsanj.org>

HELPLINE

732-972-4459

## NJ 4TH GRADE STATEWIDE ESPA TESTS- WHAT PARENTS SHOULD KNOW...

Did your 4th grader have a great school year ~ until April of last year? You're not alone if your child with Tourette Syndrome had a difficult time preparing for and taking the state's Elementary School Proficiency Assessment (ESPA) for 4th graders.

**The ESPA ~ What parents need to know.** . . Maybe your child has never been required to take standardized tests..or maybe your child has always performed well on traditional standardized tests with no modifications. The ESPA is not a typical standardized test, and state laws regarding who must participate in statewide assessments have changed.

The ESPA is different in that it requires a timed preparation and presentation of a public speaking session. Students are judged on the presentation of their topic, their opening and closing, use of supporting details, word choice, sentence structure, eye contact, gestures, and expressions to the audience, pacing, and intonation. This could cause anxiety in many children (and adults) without a tic disorder.

What if my child has never been required to take standardized tests in the past? In early 1999, the New Jersey Department of Education implemented new policies to increase access to the statewide assessment system for students with disabilities, in accordance with new federal regulations, allowing very few students to be "exempt" from assessments.

**Know the laws...**Under the new laws, students with disabilities must participate in statewide assessments unless "the nature of the student's disability is so severe that the student is not receiving instruction in any of the knowledge and skills measured by the statewide assessment and the student cannot complete any of the questions on the assessment in a subject area with or without accommodations." The state has identified categories of participation from testing with no modifications to elimination of a specific section of the test.

**Talk with your child...**Most children have done some type of speaking in front of the class by fourth grade. How did they do? Explain to your child what the teacher will be judging and decide together if participation in this type of assessment is appropriate. Would it be better if your child was assessed in a small group setting instead of with the full class? Or would eliminating the time limit to prepare be of help? Together, consider adaptations that may help your child participate successfully .

(Cont. pg. 6)

## *For Your Information...*

### **YALE CHILD STUDY CENTER LOOKS AT SIBLINGS OF BOYS WITH TS**

This study is interested in siblings of children with TS and how they cope, their level of empathy compared to other kids their age, their level of responsibility compared to other kids their age, and their feelings and concerns about having a sibling with TS. Participation takes approximately 2-2 1/2 hours total, and while there is no direct therapeutic benefit for the family, they will receive a small token of appreciation upon completion of the study (a \$10 Blockbuster gift card or similar item), and any significant results will be shared with participants.

#### Recruitment criteria:

- A family with no more than four children,
- The oldest child is a male between the ages of 13 and 17 with a diagnosis of TS, but no other major problems (child may have OCD and/or ADHD).
- The next oldest child can be male or female, but must be between the ages of 9 and 13 and be no more than 4 years younger than the oldest child. This child should be free of tics, obsession and compulsions, or other major problems (ADHD is ok).

#### Study procedure:

- Once recruited, the parents will be asked to fill out some forms about themselves, and the mother would also be asked to fill out a few forms on each of the two enrolled children.
- The affected boy will complete one form, and the younger sibling will complete a set of forms. All of the forms can be done through the mail or over the phone.
- Lastly, there is a short interview (about 30 min) with the mother about the younger sibling that can be done over the phone.

### **YALE STUDIES PRESCHOOLERS AT RISK FOR TS**

This study follows preschool-age children in families where a parent or older sibling is diagnosed with TS. Since TS is a familial disorder, preschoolers with a first-degree family member with TS are at increased risk for developing the disorder themselves.

It is a longitudinal study, which means enrolled families are involved for five years, with annual visits that take about 6-8 hours each year, usually spread out over a couple of weeks. The goal of this study is to look for environmental and genetic factors that influence how a child adjusts to the onset of the disorder, when and if it occurs; and if there are any factors that may predict which child-

*(Cont. pg. 5)*

## **RESEARCH IN THE NEWS**

*Reuters*, May 3, 1999. "[Study Questions Prozac-Like Drugs For Children](#)" Researchers questioned the widespread use of Prozac-like drugs to treat mild or moderate mental illness in children despite lack of scientific evidence about their safety or effectiveness.

*Reuters*, May 11, 1999. "[Medical Experts Publish Guide To Web Medical Sites](#)" Two medical researchers have published what they believe is the first consumer guide to medical sites on the World Wide Web. The 400-page book, "The Doctor's Always In," features 1,100 medical sites which the authors judge to be the best the Web has to offer on subjects ranging from AIDS and allergies to cancer and sports medicine.

*AP*, May 15, 1999. "[Drugs May Be Prescribed by Sex](#)" "Until this point, it has been assumed that one drug, one dose was right for all individuals," said Dr. Marietta Anthony of the National Institutes of Health. New research is uncovering startling - even life-threatening - differences that show "physicians better start prescribing drugs based on gender," said Georgetown medication expert Dr. Raymond Woosley.

*Reuters Health*, May 19, 1999. "[New Type of Antidepressant Reported](#)" A new type of antidepressant drug is as effective as Prozac at relieving major depression, but appears to be better at improving social functioning, according to studies released at the American Psychiatric Association's annual meeting. Researchers presented four studies on the drug, called reboxetine, at the meeting. The studies were conducted by the drug's manufacturer, Pharmacia & Upjohn of Bridgewater, New Jersey.

*National Institute of Mental Health (NIMH)*, June 7, 1999. "[NIMH Launches Landmark Study of Mental Health in the U.S.](#)" The Department of Health and Human Services launched a landmark 5-year study of mental health in America, which began last July. The new study, announced at the first-ever White House Conference on Mental Health on June 7, will make fundamental contributions to understanding mental illness and to allocating resources for diagnosing, treating, and rehabilitating people with mental disorders.

*Reuters Health*, June 7, 1999. "[Tourette Syndrome May be Mistaken for Asthma](#)" Tourette syndrome, the neurological disorder characterized by involuntary tics and sometimes obscene vocalizations, comes in many forms — including a mild form with chronic coughing and wheezing that may be mistaken for asthma, according to a report in the *Journal of Asthma*.

*(cont. pg. 6)*

**NOTE:** Many corporations offer matching funds, allowing you to double your contributions to TSANJ. Contact your employer's Human Resources or Personnel Department to find out if your company offers this benefit.

## MEET THE TSANJ BOARD

# NEIL MULCAHY



*Ed. note: In each issue of our newsletter, we will be introducing you to a member of the TSANJ Board of Directors. It is important to us that you understand the motivation for volunteering of time to our organization. Without the active participation of our Board of Directors, TSANJ would not be able to enjoy the success that it does today.*

When I was asked to talk about my involvement in TSA of New Jersey, my first reaction was, "there are people who do a lot more than I do for Tourette, we should hear their story". Then after giving it some thought, I realized it would probably be comforting for these families to know that there are other people who want to find a cure for this neuro biological disorder.

My involvement in Tourette Syndrome started about 7 years ago when some very close friends told me their son was diagnosed with Tourette. Like most people, the only thing that I knew about Tourette was from what I had seen in an episode of LA Law on TV, boy was I misinformed. I was surprised to learn that so many children and young adults suffer from Tourette. These children have to endure so much pain and suffering at the hands of this neuro biological disorder. The majority of those affected suffer in silence because Tourette is an internal pain that can't be explained to those who don't have it.

Having three children of my own, it was pretty easy for me to get involved. Once you get involved, everything else just falls into place.

My contribution to date is pretty simple. I work for Fox Broadcasting Company and my main task is to get tickets to the best sporting events I can so we can raffle and auction them off for the Golf Outing and the Super Bowl Raffle to make money for TSA here in New Jersey. Now that FOX will be airing NASCAR races, I guess we'll be auctioning off tickets to the Daytona 500 next year, not just the World Series and the Super Bowl. So get ready to buy and sell!

I would like to assure everyone who reads this newsletter that they should feel confident that the people representing their cause in New Jersey are some of the most dedicated and caring people I know. Their goal, like yours, is to make a difference in the lives of families dealing with TS in New Jersey.

## DISNEY'S "DEUCE BIGALOW" INSULTS INDIVIDUALS WITH TS AND OTHER DISABILITIES

*The following press release is being reproduced in this newsletter because of its importance to everyone with an interest in Tourette Syndrome. TSANJ fully supports the comments of the National Tourette Syndrome Association. Further, we suggest that our readers write to Touchstone Pictures to ask that a portion of the revenues from this picture be donated to TS research and that Touchstone make a public apology to all individuals dealing with Tourette Syndrome. [www.movies.com](http://www.movies.com) provides a direct e-mail opportunity.*

### Disney's 'Deuce Bigalow' Denounced By Tourette Syndrome Association; "Not Illegal To Ridicule People With Disabilities, But It Violates Sense Of Human Decency"

(ADVANCE)--NEW YORK--(BUSINESS WIRE)--Jan. 4, 2000--At a time of growing sensitivity to people with disabilities, a new film from the Touchstone Pictures division of Disney, heaps ridicule on a character with Tourette Syndrome (TS), according to Judit Ungar, executive director of the Tourette Syndrome Association (TSA).

She reports that the movie "Deuce Bigalow, Male Gigolo," has generated a record number of complaints to the national TSA headquarters expressing hurt, dismay and outrage at the film's portrayal of a woman with TS.

"While it may not be against the law to ridicule people with disabilities, it certainly violates every sense of human decency. And it can only serve to further stigmatize the thousands of children and adults who must cope with having TS every day," states Ms. Ungar. "The film distorts the symptoms of TS. In point of fact, the vast majority of people with this condition lead productive lives in fields ranging from professional sport to medicine."

"The concern of TSA is not simply a matter of people's feelings getting hurt," she notes, "but rather that films such as this contribute immeasurably to a climate of discrimination in employment, education and social acceptance for those with TS."

By way of example, Ms. Ungar offered an excerpt from one of the hundreds of letters received. A New Jersey mother of a youngster with TS wrote: "...it is bad enough that the media usually portray people with TS as being 'odd' and always using foul language. I find it very disturbing that this film is once again inaccurate and worse, degrading, to all who have TS. I anticipate my young son will now be the victim of mean-spirited humor by misinformed viewers of this movie."

"School children, job and college applicants as well as those who hold jobs now have every reason to feel anxiety when films such as these are distributed by a major studio," Ms. Ungar asserts.

## MEDICAL CONFERENCE ADDRESSES TOURETTE SYNDROME ISSUES

Tourette Syndrome, Obsessive Compulsive Disorder, Attention Deficit Disorder, Anxiety Disorder, Mood Disorders, Tics and other related neurological disorders were the subject of the 9th Annual Islami Symposium at Saint Barnabas Medical Center. The half day conference, the first ever held on the subject of TS for New Jersey doctors, was presented in partnership with Tourette Syndrome Association of New Jersey at the Islami Auditorium at the Medical Center in Livingston.



*Vince Joseph, CEO of St. Barnabas Medical Center & TSANJ Board Member with Dr. Ruth Dowling Bruun*

More than 200 New Jersey pediatricians, neurologists, and other health care professionals attended. The conference was designated for a maximum of 3.5 hours in Category 1 credit toward the AMA Physician's Recognition Award.



*Medical Conference presenters (l to r): Dr. Ruth Dowling Bruun, Dr. Marilyn Kubichek, Dr. Ronald Schwartz, Dr. Cathy L. Budman, Dr. Lenard A. Adler*

## PHYSICIAN REFERRAL SERVICE

TSANJ is looking for volunteers to help us update our Physicians Referral List and Therapist/Psychologist Referral List. This is an ongoing process that requires continuous information gathering on clinicians in New Jersey who are knowledgeable in the treatment of TS and related disorders.

Our Referral Services provide information to families, patients, and others about doctors who are experienced in the treatment of TS. This information is gathered through our membership and questionnaires distributed to professionals across the state.

We need volunteers to help us gather this information. If you are interested in helping, please contact Betsy Dubov at 732-238-3435 or call the TSANJ HelpLine at 732-972-4459.

## TSANJ SIXTH ANNUAL CHARITY GOLF OUTING

The Sixth annual TSANJ Golf Classic is scheduled for August 7th, 2000 at Forsgate Country Club in Cranbury, N.J. (just off Exit 8A on the New Jersey Turnpike).



Among the highlights of the 2000 Golf Outing will be an extensive list of prizes including a golf trip for four to Portugal, Super

Bowl tickets, and numerous four-somes at courses throughout New Jersey.

Proceeds from our Golf Outing are used to fund TS education, family support, and advocacy programs in New Jersey. If you are interested in helping with the 2000 Golf Outing, please call Anthony Fernicola at 732- 203-2126 or call the TSANJ HelpLine at 732-972-4459.



## UPCOMING ADVOCACY TRAINING

Although dates have yet to be finalized, there will be two opportunities for advocacy training for interested TSANJ members in the next several months.

The first, which is a pre-requisite for the second training symposium, will be presented by the Statewide Parent Advocacy Network (SPAN) as part of our statewide meeting to be held in late March or early April. This will be a Basic Rights Workshop focusing on parent advocacy, effective decision-making, communication skills, and due process rights.

The second opportunity will be for advanced advocacy training for adults and parents and will be presented by the National Tourette Syndrome Association. This training, scheduled for early May, will be for persons with a working knowledge of general advocacy and the skills for implementation. The workshop will provide instruction for applying and relating this knowledge to specific TS related situations.

The times, dates, locations and registration information for training will be announced on our website ([www.tsanj.org](http://www.tsanj.org)) as the information becomes available.

## BOOKS ON OCD

American Psychiatric Press: *Let's Talk Facts About Obsessive-Compulsive Disorder*. Washington DC, 1999.

Bennee AJ: *Regaining self-control: conquering obsessive compulsive behavior and other habits you want to break*.  
Springville, UT: Distributed by Cedar Fort, 1993.

Ciarrocchi JW: *The doubting disease: help for scrupulosity and religious compulsions*. New York: Paulist Press, 1995.

Colas E: *Just checking: scenes from the life of an obsessive-compulsive*. NY: Pocket Books, 1998.

Cohen R: *Obsessive compulsive disorder. a survival guide for family and friends*. New Hyde Park, N.Y.: Obsessive Compulsive Anonymous, 1993.

Foster CH, Chase EA: *Polly's magic games: a child's view of obsessive-compulsive disorder*. Ellsworth, Me.: Dilligaf, 1994.

Francis G, Gragg RA: *Childhood obsessive compulsive disorder*. Thousand Oaks, Calif.: Sage Publications, 1996.

Goodman WK, Rudorfer MV (eds.): *Obsessive Compulsive Disorder: Contemporary issues in treatment* (Personality and Clinical Psychology Series). Lawrence Erlbaum Associates, 1999

Greist JH (ed): *Obsessive-compulsive disorder casebook*. Washington, DC: American Psychiatric Press, 1995.

Hollander E, Stein DJ (eds): *Obsessive-compulsive disorders: diagnosis, etiology, treatment*. NY: Dekker, 1997.

Hyman BM, Pedrick C, Kaye B: *The OCD Workbook : Your guide to breaking free from Obsessive-Compulsive Disorder*. New Harbinger Pub, due out in October of 1999.

95 Jakes 1: *Theoretical approaches to obsessive-compulsive disorder*. NY: Cambridge University Press, 1996.

95 Jenike MA, Baer L, Minichiello WE (eds): *Obsessive-compulsive disorders: theory and management*. 3rd edition. St. Louis, MO: Mosby, 1998. 95 09

Keshavan MS, Murray RM (eds): *Neurodevelopment & adult psychopathology*. NY: Cambridge University Press, 1997.

Koran LM: *Obsessive-Compulsive and Related Disorders in Adults : A Comprehensive Clinical Guide*. Cambridge University Press, 1999

March JS, Mulle K: *OCO in children and adolescents: a cognitive-behavioral treatment manual* NY: Guilford Press, 1998.

Nardone G: *Brief strategic solution-oriented therapy of phobic and obsessive disorders*. Northvale, N.J. : Jason Aronson, 1996.

Osborn 1: *Tormenting thoughts and secret rituals: the hidden epidemic of obsessive-compulsive disorder*. NY: Pantheon Books, 1998

Salzman L: *Treatment of obsessive and compulsive behaviors*. Northvale, N.J.: J. Aronson, 1994.

Schwartz J, Beyette B: *Brain lock. free yourself from obsessive-compulsive behavior a four-step self-treatment method to change your brain chemistry*. NY: ReganBooks, 1996.

## TEACHING STANDARDS BOARD ADOPTS DRAFT STANDARDS FOR PROFESSIONAL DEVELOPMENT

New Jersey's Professional Teaching Standards Board (PTSB) has adopted draft professional development standards that illustrate high quality professional development in alignment with New Jersey's Core Curriculum Content Standards. The PTSB will now seek input through surveys and focus groups within the education community.

"The standards are intended to ensure that colleges and other providers of continuing education programs, as well as in-service providers at the local school district level, will have a guide to select and shape quality training programs for our classroom professionals," said Victoria Duff, chairperson of the PTSB.

The draft professional development standards establish criteria for the 100 hours of professional development required of all teachers every five years.

TSANJ will be developing a course to be offered as part of this program. We need volunteers to work on that committee to ensure that the issues of students with TS are addressed.

Can you help? Call 732-972-4459

### *For Your Information...(cont.)*

ren will onset and which children will not onset.

While there is no direct therapeutic benefit to the families who participate, the children seem to really enjoy participating in the study and receive a small gift upon completion of their testing session. In addition, reports are sent to the family with feedback about how their children did during the testing session, and articles are sent out periodically relaying recent findings from this and other research studies from David Pauls' lab at the Yale Child Study Center.

Recruitment criteria:

- Families where at least one member has a diagnosis of TS.
- Children aged 3-5 who are currently not showing any symptoms of TS or OCD (ADHD is ok)
- The experimenters travel all over the US to collect data from families, so travel to Yale is usually not necessary.

If you are interested in more information, or would like to participate in either study (or wish to learn about other research opportunities in TS or OCD at the Yale Child Study Center), please contact:

Nancy Fredine, Yale Child Study Center  
230 S. Frontage Rd., P.O. Box 207900  
New Haven, CT 06520  
(203) 737-5628 - nancy.fredine@yale.edu

## RESEARCH IN THE NEWS (cont.)

AP, June 8, 1999. "Stem Cells May Restore Neurons"

Laboratory studies with mice suggest that neural stem cells, a type of cell that can mature into any type of brain tissue, may eventually be used to correct damage caused by stroke, Alzheimer's disease and other brain disorders.

*New York Times*, August 15, 1999. "Series of Rulings Eases Constraints on Suing H.M.O.'s" In a string of rulings over the last 20 months, judges across the country have begun allowing patients to sue health maintenance organizations for medical malpractice, after years in which such claims were repeatedly rejected by the courts.

*New York Times*, October 5, 1999. "Drug Buying on the Web? Be Careful, Study Says" People who order prescription drugs via the Internet may be paying more than they would at a drugstore and taking chances with their health, researchers at the University of Pennsylvania Medical School report.

*New York Times*, October 8, 1999. "House Passes Measure to Expand Rights on Medical Care" By a surprisingly lopsided vote, the House passed a bill to give patients a wide range of new rights, including the right to sue health insurance plans that cause injury by denying care or providing substandard treatment.

*Reuters Health*, October 11, 1999. "New Therapies Help Obsessive-Compulsive, Tic Disorders" New therapies — namely plasma exchange and intravenous immunoglobulin — can help treat obsessive-compulsive disorders and tic disorders in children where these disorders are triggered by streptococcal infections, according to results of a study published in the October 2nd issue of *The Lancet*.

*New York Times*, October 26, 1999. "New Way of Looking at Diseases of the Brain" A highly respected neuroscientist has developed a provocative new theory of how the brain is organized which, if confirmed, would explain how and why the mind produces symptoms found in several seemingly unrelated disorders.

*Reuters Health*, November 17, 1999. "New Way to Map Brain Function Introduced" — A new technique for mapping human brain function was introduced at a briefing in Washington, DC. "This refined new product may unlock untold secrets of how the brain acts and responds," Sen. Pete Domenici (R-NM) told attendees of the briefing, which was sponsored by the National Foundation for Functional Brain Imaging.

*New York Times*, November 2, 1999. "Diet Change May Avert Need for Ritalin" A new report concludes that the evidence strongly indicates that for some children with ADHD, behavioral disorders are caused or aggravated by certain food additives, artificial food colors, the foods themselves or a combination.

*PR Newswire* Nov. 30. "Layton BioScience Announces Exclusive License to Neural Stem Cell Technology"

Layton BioScience is a biopharmaceutical company focusing on developing novel therapeutics for treating diseases of the central nervous system. The company is currently in clinical trials with a small molecule to treat Tourette Syndrome and with its LBS-Neurons(TM), a cell line being used to treat chronic stroke patients.

*Newsweek*, December 6, 1999. "The One- Size Dose Does Not Fit All". People respond very differently to medications depending on weight, age and inborn ability to process drugs, just as they differ in their capacities for coffee or alcohol...physicians and patients should look beyond the guidelines recommended by drug manufacturers.

## SUPER BOWL RAFFLE WINNERS ANNOUNCED

The winners of the TSANJ 2000 Super Bowl Raffle were recently announced. The Grand Prize winner of round trip air fare for 2, a 3 night hotel stay for 2, and 2 tickets to the Super Bowl in Atlanta, Georgia is Bob Scheller of Hazlet, New Jersey

Upon hearing the good news, a somewhat incredulous Bob stated, "It's been a tough year, finally some good news."

The winning ticket was pulled by Kristopher J. Krzyston from the Aberdeen Township Volunteer Fire Department.

An Early Bird raffle was also held for those individuals who sent in their tickets early. The prize of a \$100.00 gift certificate to The Highlawn Pavillion in Eagle Rock Reservation, West Orange was awarded to Elaine Straughn of Jackson, New Jersey.

Thanks to everyone for their support of this important fundraiser to TSANJ

For information on the 2001 Super Bowl Raffle, contact Dennis J. Boyle, 32 Deerfield Dr., West Orange, NJ 07052. Phone - 973-325-7875

## STATEWIDE ESPA TESTS (cont.)

**Make a plan...**Meet with your child's teacher early in the 4th grade year to share your ideas. If your child already has an IEP, modifications for taking this part of the test should be noted. If your child does not receive special education services, and accommodations are necessary for the public speaking assessment, they can and should be made under Section 504, without having your child classified or an IEP written.

## SUPPORT GROUP INFORMATION

### BERGEN/PASSAIC COUNTY FAMILY SUPPORT GROUP

Location: Valley Hospital, Terrace Room, North Van  
Dien Avenue, Ridgewood  
Time: 7:00 p.m. to 9:00 p.m. - Wednesday  
Coordinators: Arleen Gleeson

### BURLINGTON/CAMDEN COUNTY FAMILY SUPPORT GROUP

Location: West Jersey Hospital, Barry D. Brown  
Building (next to hospital), Voorhees  
Time: 7:30 p.m. to 9:00 p.m. - Monday  
Group Leader: Dr. Judy Newman  
Facilitator: David Osterhout, LCSW

### MIDDLESEX/UNION COUNTY FAMILY SUPPORT GROUP

Location: JFK Medical Center, Edison, NJ  
Time: 7:30 p.m. to 9:30 p.m. - Tuesday  
Coordinator: Debbie Kaserki

### MORRIS/SUSSEX FAMILY SUPPORT GROUP

Location: Morristown Memorial Hospital Office  
Building Cafeteria, 3rd Floor, Morristown  
Time: 7:00 p.m. to 9:00 P.M. - Thursday  
Coordinators: Dolores Colalillo & Rose Ann Zaloshinsky  
Facilitator: Dr. Jeff Lichtman

### OCEAN/ATLANTIC COUNTY FAMILY SUPPORT GROUP

Location: Southern Ocean County Hospital,  
Manahawkin  
Time: 7:00 p.m. to 9:00 p.m. - Wednesday  
Coordinator: Gail Smithson

### SOMERSET/HUNTERDON COUNTY FAMILY SUPPORT

Location: Somerset Medical Center, Somerville  
Time: 2:00 p.m. to 4:00 p.m. - Sunday  
Coordinator: Bonnie Price

### STATEWIDE ADULT SUPPORT GROUP

Location: Robert Wood Johnson Medical School,  
Room 108, Robert Wood  
Johnson Hospital, New Brunswick  
Time: 1:00 p.m. to 4:00 p.m. - Sunday  
Coordinator: Jerrilyn Forti  
Facilitator: Gayle Forman, LCSW

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## CALENDAR OF EVENTS

### February

3 Morris/Sussex Group  
7 Burlington/Camden Group  
9 Bergen/Passaic Group  
17 TSANJ Board Meeting

### March

1 Ocean/Atlantic Group  
9 Bergen/Passaic Group  
9 TSANJ Board Meeting  
12 Somerset/Hunterdon Group  
14 Middlesex/Union Group

### April

3 Burlington/Camden Group  
6 Morris/Sussex Group  
13 Bergen/Passaic Group  
13 TSANJ Board Meeting

### May

3 Ocean/Atlantic Group  
7 Somerset/Hunterdon Group  
9 Middlesex/Union Group  
10 TSANJ Board Meeting  
11 Bergen/Passaic Group  
21 Adult Support Group

For future dates & further information,  
please visit our web page at  
<http://www.tsanj.org>

## EMPLOYMENT ASSISTANCE

### U.S. EQUAL EMPLOYMENT OPPORTUNITY COMMISSION (EEOC)

The U.S. Equal employment Commission assists disabled people in the workplace. It receives and investigates employment discrimination charges against private employers as well as state and local governments. If the investigation produces evidence of discrimination, the Commission then functions as a mediator between the employer and employee. The EEOC's policy is to "seek full and effective relief for each and every victim of employment discrimination..." In addition, the EEOC provides literature explaining such legislation as The Americans with Disabilities Act (ADA). The EEOC has 50 offices across the country. They can be reached at 1-800-669-6820.

*Reprinted with permission from the Health Connection*

# ARC OF SOMERSET COUNTY ON BOARD WITH TSANJ

Kudos to the ARC of Somerset County for a job well done! We've recently started utilizing their services for our bulk mailings. ARC provides advocacy training and employment services for people who have developmental disabilities. For a nominal fee, they can provide production operations such as packaging, assembly, collating, mailing and more. If you think you can make use of their services for your business and would like additional information, you may call Joe Tag at 908-707-0920. For counties other than Somerset, consult your local phone directory.

## SHE WILL BE MISSED

Mary Fucci, a volunteer and dedicated supporter of TSANJ, recently passed away at the age of 94. Over the years, "Grandma" Fucci helped with mailings for support group meetings and for our annual golf classic.



We extend heartfelt sympathy to the Anthony Fernicola family in the loss of this special lady. She will be missed by all.



tourette syndrome association of new jersey, inc.

P.O. Box 1251  
Marlton, NJ 08053

## TSANJ - IMPORTANT INFORMATION

HELPLINE 732-972-4459

TSANJ - Incorporated in 1988 - Reorganized in 1994

WEBPAGE ADDRESS <http://www.tsanj.org>

EMAIL ADDRESS [NJTSA@aol.com](mailto:NJTSA@aol.com)

MAILING ADDRESS  
P.O. Box 1251  
Marlton, NJ 08053

ADMINISTRATIVE OFFICE  
26 West High Street  
Somerville, NJ 08876

MEMBERSHIP  
Approximately 2,500  
families and  
professionals

UNITED WAY  
Please write in:  
TSANJ  
P.O. Box 1251  
Marlton, NJ 08053

